



# Maine State Breastfeeding Coalition

## FULL COALITION MEETING MINUTES

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Meeting date | time 6/4/2020 | 1:00 PM – 3:00 PM | Meeting location *Go To Meeting*  
[www.gotomeet.me/MaineStateBFCoalition](https://www.gotomeet.me/MaineStateBFCoalition) or  
by phone: +1 (646) 749-3122

Meeting called by MSBC Steering Committee

Type of meeting Full Coalition Meeting

Facilitator Kara Kaikini

Note taker Donna Ellis

Timekeeper Amanda Powell

**Attending remotely:** Brooke Barron, Samantha Blanchard, Kelley Bowden, Ruth Burke, Gina Davis, Tina Duquette, Donna Ellis, Cindy Goding, Dory Hacker, Nicole Hart, Kara Kaikini, Allison Marcoux, Lyndsay Mitsopoulos, Verna Pierre, Reanna Plourde, Amanda Powell, Jessica Rosenthal, Amy VanHaren, Jennifer Viger

### AGENDA TOPICS

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Agenda topic *Getting Grounded* | Presenter *Amanda P.*

- Welcome
- Introductions
- Agenda review and timekeeper selected

Agenda topic *Board of Directors Update* | Presenter *Kara K.*

- Kara announced the meeting was being recorded.
- The board continues to work on the Strategic Plan
- The Mosaic of Motherhood, Storytelling Event has been rescheduled for May 8, 2021
- World Breastfeeding Week happens in August. It will soon be upon us.
  - We need to be thinking about creating an event that elevates breastfeeding individuals.
  - Anyone with ideas or interested in working on such an event, please leave a message in the chat box or contact the Maine State Breastfeeding Coalition at [mainebreastfeeds@gmail.com](mailto:mainebreastfeeds@gmail.com).
- The memorial for George Floyd is being held during our meeting; beginning at 2 PM.
  - Anyone wishing to leave the meeting to attend, please do so
  - A minute of silence taken - to focus on those who have experienced racial or social injustice.

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**Agenda topic** *Presentation-Trauma Informed Care in Lactation Support* | **Presenter** *Dory Hacker, LCSW Maine Behavioral Healthcare*

- Dory's contact information: [dhacker@mainebbehavioralhealthcare.com](mailto:dhacker@mainebbehavioralhealthcare.com)
- Ruth B. shared an experience working with an individual where she sensed increased tension from the individual as a result of Ruth's questions. When Ruth checked in with herself and backed off a bit, slowing the pace and intensity, she was able to establish a better connection.
- Amanda shared the connection she observed that increasing privacy provides and individual with a greater sense of control.
- Kara shared the importance of getting in touch with our personal biases.
- Nicole has observed many individuals with whom she works are concerned about doing the right thing.

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**Agenda topic** *Connecting the Dots* | **Presenter** *Kara K.*

- **New Knowledge Worth Having**
  - Brooke Barron – Board Member – [brooke.d.barron@gmail.com](mailto:brooke.d.barron@gmail.com)  
It's wonderful to hear the amazing work WIC is doing -- I wish all of the government programs were adapting to the needs of the crisis so well. Thank you for sharing!
  - Tina Duquette - Peer counselor, CLC, my YouTube channel:  
[https://www.youtube.com/channel/UCT3WpMpxzwsEsYBIu42ukfA?view\\_as=subscriber](https://www.youtube.com/channel/UCT3WpMpxzwsEsYBIu42ukfA?view_as=subscriber)  
  
my Facebook page:  
[https://www.facebook.com/TinaDuquetteCLCWIC/?eid=ARCEL1SeIif9ipiNZMnNqB6dtSh\\_cS0XdQQhGR9-P55KqhXdrwJLhEQQnYPZUciax9HAJ3ofWKIWL2Pt](https://www.facebook.com/TinaDuquetteCLCWIC/?eid=ARCEL1SeIif9ipiNZMnNqB6dtSh_cS0XdQQhGR9-P55KqhXdrwJLhEQQnYPZUciax9HAJ3ofWKIWL2Pt)
  - Donna Ellis – Board Member, Secretary – [donna\\_ellis@yahoo.com](mailto:donna_ellis@yahoo.com)  
Global Health Media Project has a new app - Birth and Beyond - provides easy access to 28 videos from the time of birth through the first two years, available in 21 languages.
  - Cindy Goding - WIC Breastfeeding Coordinator - [cgoding@wmca.org](mailto:cgoding@wmca.org)  
We have a Nutrition Counselor position and Breastfeeding Peer Counselor positions open. <http://www.wmca.org> or Facebook
  - Verna Pierre - Thank you to WIC also! All my Moms in virtual visits have said WIC has been the best for what they need.
  - Reanna Plourde – WIC  
<https://www.facebook.com/bangorpublichealthandcommunityservices/>
  - Amanda Powell- Board Member, Vice President – [mainedoula@gmail.com](mailto:mainedoula@gmail.com)
  - Amy VanHaren – Board Member – [amy@pumpspotting.com](mailto:amy@pumpspotting.com)
- **Resources Shared**

- Kara Kaikini  
Evidence of a significant secretory-IgA-dominant SARS-CoV-2 immune response in human milk following recovery from COVID-19 Alisa Fox, Jessica Marino, Fatima Amanat, Florian Krammer, Jennifer Hahn-Holbrook, Susan Zolla-Pazner, Rebecca L Powell  
doi: <https://doi.org/10.1101/2020.05.04.20089995>  
  
<https://www.medrxiv.org/content/10.1101/2020.05.04.20089995v1>  
  
<https://www.momsrising.org/blog/breastfeeding-america-what-we-know>
- **Black Mamas Matter Alliance:** <https://blackmamasmatter.org/>  
**Our Mission**  
Black Mamas Matter Alliance is a Black women-led cross-sectoral alliance. We center Black mamas to advocate, drive research, build power, and shift culture for Black maternal health, rights, and justice.  
**Our Vision**  
We envision a world where Black mamas have the rights, respect, and resources to thrive before, during, and after pregnancy.
- **Health Connect One:** <https://www.healthconnectone.org/>  
**Mission**  
Health Connect One is the national leader in advancing respectful, community-based, peer-to-peer support for pregnancy, birth, breastfeeding and early parenting.  
**Vision**  
To see every baby, mother, and family thrive in a healthy community. We work to achieve this vision through an equity focused approach supporting the first
- **SisterSong:** <https://www.sistersong.net/>>  
SisterSong is a Southern based, national membership organization  
Our **purpose** is to build an effective network of individuals and organizations to improve institutional policies and systems that impact the reproductive lives of marginalized communities.
- <https://blackmamasmatter.org/resources/>
- Amanda Powell - <https://evidencebasedbirth.com/covid19/>

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Agenda topic *Wrapping Up* | Presenter Name

- What Are You Taking Away from Today's Meeting?
  - Kara Kaikini: "I so appreciate everyone taking the time out of their busy (likely overwhelmed) lives to join and participating in this meeting."

- Tina Duquette: “Thanks for all the great work you all do... Glad to be able to be here.”
- Nicole Hart: “Thank you for offering time to check in with so much going on right now and for all the great resources shared!”
- Verna Pierre: “Thank you very much for this meeting. All info and sharing has been appreciated very much. The trauma presentation was helpful. Thank you!”
- Cindy Goding: “It was good to reconnect with my peers today and hear what else is going on throughout the state. Thank you.”
- Jennifer Viger: “Thank you, for a great meeting, always great to hear what’s happening throughout the state.”
- Amanda Powell: <http://mainebreastfeeds.org>
- Upcoming Meetings/Events
  - 1<sup>ST</sup> Thursday of every even month
  - 12:00 – 1:00pm: Deeper Dialogue Discussion (BYO Lunch!)
  - 1:00 – 3:00pm: Coalition Meeting
  - Locations vary
  - August 6<sup>th</sup> (World Breastfeeding Week! Lewiston, TBD)
  - October 1<sup>st</sup> (Brunswick/Topsham TBD)
  - December 3<sup>rd</sup> (Augusta, TBD)

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*Agenda topic Wrap Up | Presenter Name*

- Conclusion - Meeting ended at 3:00 PM
- Minutes respectfully submitted by  
Donna Ellis, Secretary, MSBC